

Frank Partridge VC Public School

Educating your child for a bright future



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Newsletter Issue 35

Week 4 Term 4

6th November, 2018

Welcome to Week 4 of Term 4.

A HUGE congratulations to Koby Hamilton-Giggins. With 1 lesson under his belt, Koby and his dad headed down to Sydney last week to meet up with his uncle and compete in the State Athletics High Jump. Koby came 16th out of 40, an absolutely incredible achievement and something he should be very proud of. Well done Kobes!

Kickstart was a great success on Friday. It was wonderful to see around 20 2019 kindi students in attendance. Please be sure to tell your friends and family about this opportunity and get them to come along.

At the other end of our age groups, it has been a pleasure to welcome Lauren, Sarah and Matt, from Nambucca Heads High School, into our school to watch the Year 6 students in their natural habitat prior to heading off to high school. The link between our 2 schools is so important and we really appreciate these high school teachers giving up their time to come up and meet our awesome kids.

Go4Fun is well and truly up and running in our school. The team meet each Tuesday from 3:30pm in the staffroom. Please ring or pop in if you would like to know more.

K-6 Disco this Thursday.

Our Croquet team will be back in action again this Thursday. Thanks to Kerrie and her crew this wonderful opportunity will again be available to 8 of our Stage 3 Croquet tragics!

Remembrance Day will be celebrated at our school on Friday. It will involve a short service, led by Ms Baker, under the COLA from 10:50am. Community are more than welcome to attend.

Our Stage 3, Year 6 girls are out and about again this term. They are hitting the weights at the gym before heading out for a relaxing afternoon tea with several of our female staff. This small group activity has been really well received by the girls and is something that both staff and students seem to get a lot out of. The boys have a few forays out into the community lined up as well so keep your eye out for them in coming weeks.

Stage 2 Boys and Girls Groups are also up and running again this term with lots of new and exciting initiatives planned. The girls will spend the next 2 Thursdays at Main Beach with Miss Morro, learning first aid.

There are too many sad events in our community at the moment. Please look after each other, your family and friends.

Todd.

Diary

Thurs 8th Nov

K-2 Disco
3:30pm - 5pm
Years 3 - 6
5:30pm - 7pm

Fri 9th Nov

Remembrance
Day Service
10:50am

Kickstart
Session 2

Tues 13th Nov

Touch Fun Day
Macksville

Thurs 15th Nov

NHHS Parent Info
Night
Yr 6 – Yr 7

Wed 21st Nov

Stage 2 Excursion
to Lake Keepit

Sat 24th Nov

Art Show
Opening
Nambucca
Entertainment
Centre

Wed 12th Dec

Presentation Day

Fri 14th Dec

Family Fun Night

Remembrance Day Ceremony Sequence of Events Friday 11th November

Flags to be lowered to half-mast at 10:30hr – Stage 3.

Bell will ring at 10:45hr. Students will gather in the quad.

Intro – Kinder/Captain.

Reading – Stage 3 – Remembrance Day background.

Reading – Stage 2 – The importance of poppies.

The Ode – Captain.

10:58hr – Stage 1: The Importance of the Last Post.

11:00hr - One minute silence.

11:01hr- Support Classes - The Importance of the Rouse.

National Anthem.

Students will lay poppies/wreaths.



Year 6 Mini Fete

Thank you so much to our parents for their donation of cakes for our cake stall and helping man the stall. We'd also like to thank our P&C for donating all canteen profits from Friday. Last but not least, thank you to Year 6...well done!



School Disco



Thursday 8th November

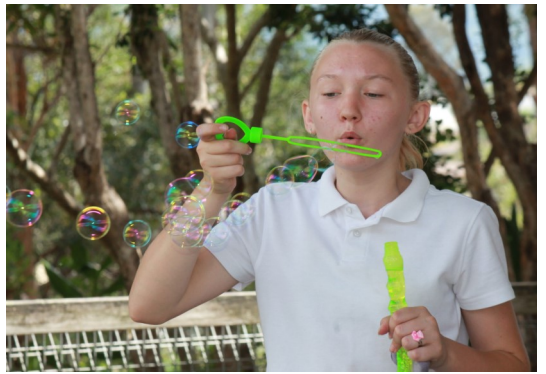
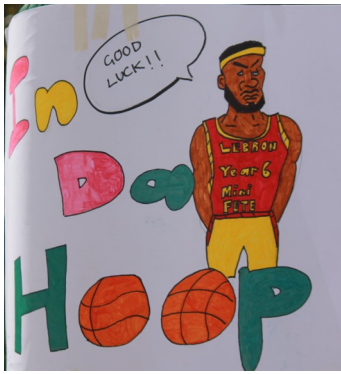
K-2: 3.30pm - 5pm

Stage 2 & 3: 5.30pm - 7pm

Cost is \$4.00 per student or \$10 for a family of 3 or more. Includes chips and drink.

Come dressed as a 'popstar'!





WEDNESDAY	THURSDAY	FRIDAY	MONDAY
NAME _____ CLASS _____	NAME _____ CLASS _____	NAME _____ CLASS _____	NAME _____ CLASS _____
HONEY SOY CHICKEN WINGS WITH FRIED RICE \$5 SMALL \$6 LARGE	CHICKEN & VEGE RISOTTO \$5 SMALL \$6 LARGE OR HAM & CHEESE TOASTIE FRUIT STICK & POPPER \$5.00	THAI BEEF SALAD \$5.00 OR CUCUMBER SUSHI, APPLE SLINKY & POPPER \$4.00	TUNA BAKE \$3.50 SMALL \$4.50 LARGE



Live Life Well @ School



Beat the Christmas Bulge

Dodge the party foods

- Avoid chips, chocolates, lollies, cakes, slices & pies
- Go for fruit salads, sandwiches, nuts & vege based dips

Stay fit

- Ask for gifts such as gym memberships
- Walk to see sites while holidaying
- Plan fun games & outdoor activities for the family

More Info: <http://www.nutritionaustralia.org/national/resource/tips-beat-christmas-bulge>



Health
Mid North Coast
Local Health District

Live Life Well @ School



Why Walk or Ride to School?

Benefits include:

- Physical benefits
- Mental Strength
- Environmental benefits
- Social benefits

For more information: <https://www.healthkids.nsw.gov.au/downloads/file/campaignsprograms/Parent-carerinformationpack.pdf>



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