

CANTEEN CLOSED ON TUESDAYS

The canteen will no longer be selling slushies as the machine had to be returned to the owner who is no longer in business.

P & C News

Congratulations to our "Volunteer of the Month" who received a \$5.00 Valla Beach Headland Café voucher.

Serena Whelan

Community Notices

Sing

The Nambucca Entertainers present "Sing", a night of fun, laughter and singing on Saturday 3rd December, 2011 with all proceeds going to the Nambucca Volunteer Marine Rescue. Come on and join in the fun. A light meal and a great night of entertainment which includes a lucky door prize, a meat tray raffle and more. \$20.00 per person. Tickets available from the Nambucca Heads Bowling Club.

Nambucca Valley Early Childhood Intervention "OUR LIVING COAST"

Our project launch and Field Day "Stormwater Turtle for a Cleaner Nambucca River" will be held at Bellwood Park on Saturday 26 November at 10.00am and 2.00pm. This is a fun day for all the family, with markets and food stalls, face painting, tree planting, help clean up the park and stormwater drain stencilling. For more info, please call 6568 0240.

Nambucca Valley Family Day Care Christmas Party

Everyone welcome to come along and meet the friendly team from Nambucca Valley Family Day Care at the Macksville Football Field on Saturday 26 November between 10.00am - 2.00pm. There will be free face painting, free jumping castle, Santa visit, a chance to win a "Meet the Stars Experience" from the Pet Porpoise Pool for a family of 4 and MUCH MUCH MORE.



Frank Partridge VC Public School
Educating your child for a bright future



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22 November 2011



**CONGRATULATIONS
BLAYDE
ON RECEIVING
YOUR QUICKSMART
GRADUATION
CERTIFICATE**

Nov

24 Thurs Year 6 transition to NHHS

28 Mon Swimming Scheme starts
(28/11 to Friday 9/12)

Dec

1 Thurs Year 6 transition to NHHS

2 Fri Christmas Family Fun Night

Events Calendar

Students received their certificates for the Newcastle Primary Mathematics Competition at last week's assembly.



PROCEDURE WRITING

Lucky 3/4C made pancakes as part of their class lesson about "Procedure Writing".

Chef Shantahla cooks her yummy pancake.

WHOOPIING COUGH ALERT!

There have been reported cases of Whooping Cough.

If your child shows any symptoms, we recommend that you seek medical advice



POSITIVE BEHAVIOUR FOR LEARNING



"CAUGHT YOU BEING GOOD" VOUCHER WINNERS

Kiarra Cohen, Beau Hussell, Dylan Williams,
Kyiah Wilson, Sharney Stewart

Class of the Week



FAMILY CHRISTMAS FUN NIGHT

Make sure that you have Friday 2nd December marked in your diaries. There will be a BBQ as well as some items performed by the students. It will also be the Premiere of the films which all classes have been making. Come along and see your budding actors in action.

COMMONWEALTH STUDENT BANKING

Don't forget to bring your tokens in by the end of this week.

.....*Deb Vassallo, Banking Co-ordinator*

SCHOOL SWIMMING SCHEME

Permission Notes were sent home last week. Please return them with your payment. Starts Monday 22 November.....*Miss Campton*

**The Nambucca Heads
Christmas Street Event**

FREE ENTRY

LOTS OF FAMILY FUN

Local Performances

Free Jumping Castle

Amusement Rides

Skateboard Demo

BBQ, Food Stalls

SANTA WILL BE THERE

*proudly
sponsored by* **ETC**
your future starts here

Come & join the party in Ridge Street
Thursday December 1st from 5.30pm



CHRISTMAS WORKSHOP



THIS WEEK'S MEAL OFFER

Name: _____ Class: _____

Wednesday 23 & Thursday 24 November

Salad Tubs/Plates

(Lettuce, cucumber, carrot, tomato, beetroot & cheese)
with

Egg Chicken Ham Tuna
(please circle choice)

PRICE \$4.50

Normal daily menu also available

Name: _____ Class: _____

Friday 25th November

Chicken Burger with Caesar Dressing

+

Orchy Fruit Juice (circle choice)

Orange Apple Orange Passio

PRICE \$4.80

Sam Cawthorn is the 2009 **Young Australian of the Year** for Tasmania.

In October 2006, Sam was involved in a head-on collision with a semi-trailer, and was pronounced dead. After resuscitation he faced severe injuries including the [amputation](#) of his right arm above the elbow and severe damage to his right leg. Initially distraught by the prospect he may never walk again he maintained a strong mental attitude and conceptualized "Be Motivated" during his nine months of [rehabilitation](#). Sam is a thought leader and CEO of Empowering Enterprises. He is an expert in not only bouncing back but bouncing forward. He strongly emphasises the importance of a healthy mental attitude and not allowing excuses to hinder achievements.



Our students bandaged their right hand to put themselves in Sam's shoes and experience what it is like not to have a right hand. Two hours was long enough for most but Kiarra managed a full 24 hours. Well done!

This is what some of the Year 6 students thought after talking with Sam:

On Wednesday the 16th of November, ten of our students went down to Nambucca Heads High School for a talk with Sam Cawthorn. The talk was very emotional. The talk was about his car crash and how he moved on with his life. Most of the students and the teachers were very emotional. He taught us a lifelong lesson about the future. He has a saying '**it's your decision not your condition that drives who you are**'. That really touched us..... Kiarra Cohen

It was sad to hear about Sam's life. People say to him "What if you can go back in time, what would you do?" Sam says "I would not change anything. I am meant to be this way." Saje Wilson