

Frank Partridge VC Public School

Educating your child for a bright future



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Newsletter Issue 17

Week 6 Term 2

5th June, 2018

Welcome to Week 6 of Term 2.

Our MNC Touch Footy representatives will be gearing up for their trials in Grafton on Tuesday the 12th. Koby, Kden and Kyan were all successful in making the team.

Our Girls' Tackle Team have been training the house down and will be heading over to Coffs with myself, Pete and Aunty Nerida on Wednesday. This is a great day and we have several girls giving this a go for the first time. We are working together to overcome their fears and engage in a new and unfamiliar activity. These are the skills that will be needed far beyond sport and primary school, and it is wonderful to see each individual student realise that they are capable of anything if they believe in themselves and have a go.

Last week our classes began their public speaking rounds. I have had the pleasure of listening to several speeches both in the classroom and in the office. It is so pleasing to see all students willing to try even though it is quite nerve wracking. This was certainly not the case several years ago when students would allow their actions to be dictated by their nerves. If anyone is having trouble at home with students stressing about their participation, please give me a ring. It is so important to the development of our kids that we, as adults, support and encourage them, even if they are nervous and wanting to avoid the activity. The strength and resilience that each individual gains from conquering their fears is incredible, and will stand them in good stead for years to come. We have heaps of support at school ranging from speech writing to presentation environments. Please do not hesitate to contact the school should there be any issues at home that we can help with.

Thank you to all of our families who have taken on board our new carpark structures. The area seems much safer for students now with no one parking above the gas tank. Please talk with your children about crossing the school crossing with care. Several students were observed running across the crossing on Friday. It is important that they are super careful in the carpark, even with the decrease in congestion.

Don't forget the long weekend this weekend. The first day back next week will be Tuesday the 12th June.

Have a great week.

Todd.

Diary

Mon 11th June
Public Holiday
Queen's
Birthday!

Tues 12th June
School Speak Off

Wed 13th June
Debate
V
Bellingen

Thurs 14th June
All Schools NRL
Gala Day

Bocce Knockout

Tues 19th June
School Photos

Tues 26th June
District Public
Speaking Finals

Wed 27th June
Netball NSW
School Cup 2nd
Round



Canteen News

Last week we said goodbye to Sharlene from the canteen, who has been with us for nearly 7 years. We would like to thank Sharlene for her hard work over this time and wish her well in her future ventures.

We now welcome Sharon Gardam (Monday and Wednesday) and Katherine Holloway (Thursday and Friday), who will be sharing the role of Canteen Supervisor.


These ladies have been working hard to implement some great new ideas to our canteen menu from Healthy Canteen Guides. These great new exciting meals have already been popular with our students and staff. Keep an eye out for more great food to meet our Healthy Strategies Guidelines.

Please, if you are free to lend an hour or 3, please let the ladies know. The more help we have, the more food we can produce! We look forward to seeing a new menu next term, with ideas from your children! We would love your input into the menu.

School Photos

School photo envelopes went home last week. Sibling envelopes are available at the Front Office. Please put the correct money in envelopes when returned as we do not carry change at school.

Another beautiful soup recipe from our Friendship and Futures room!

Creamy Chicken and Vegetable Pasta Soup	Method
<p>Ingredients</p> <ul style="list-style-type: none">• 30 g butter• 1 large onion, finely chopped• 100 g carrot, diced• 1 stick celery, diced• 30 g flour• 1 litre chicken stock• 3 tbsp double cream• 50 g small pasta shells• 75 g cooked chicken breast, diced• 1 tbsp chives, chopped <p>salt & pepper to season</p>	<p>Method</p> <ol style="list-style-type: none">1. Heat the butter in a saucepan, and fry the onion for 2 minutes. Add the carrots and celery and fry for 5 minutes.2. Stir in the flour, blend in the stock, then bring the soup to the boil. Cover and simmer for 10 minutes until the vegetables are tender.3. Meanwhile, cook the pasta according to the packet instructions. <p>Add the diced chicken, double cream, pasta and chives. Simmer for 3 minutes. Season to taste.</p> 

Class Merit Awards

KE: Bailey Mantle Bowden, Lamaari Dahlstrom, **KS:** Freya Clissold, **2/1D:** Jazmine Ridgeway, Keisha Stanik, **2/1M:** Dumpsie Moon, Karlia Peiper, **2/1W:** Jesse Coward, Jaleeka Anderson, Riley Mantle Bowden, Deakin Roberts, Michael Darcy, **4/3H:** Emma Wall, Amanda Crawford, Kenny Walker, **4/3N:** Dallas Taylor, Jayda Cohen, Matilda Menzies, **4/3S:** Levi Quinlin, Ellana Summers, Lily Burke, Eddy Nelson, Jaykob Mitchell, **6/5L:** Max Bowen, Patrick Goodwin, Joel Burke, **6/5F:** Jatarnee James, Duke Lipscombe, Braiden Jarrett, **6/5H:** Maddison Gordon Lichaa, Mikaela Howle, **SCB:** Trey Peiper, Harloe Rogers, Zac Urquhart, **Library:** Keisha Stanik, Jatarnee James.

Assembly Lead by: Makayla Lamb & Corey Cross.

Acknowledgement to Country by: Jagen McLeod Jones, Krista Craig & Maddison Gordon Lichaa.



Language Groups

ILYA— a boomerang game played by the Wogadi people of Central Australia. The older men usually played against the younger men.

This was a keep-away type of game that encouraged a lot of running!

So much fun!!!



WEDNESDAY	THURSDAY	FRIDAY	MONDAY
NAME _____ CLASS _____ FRIED RICE W/ CHICKEN NIBBLES \$4.50 SMALL \$5.50 LARGE	NAME _____ CLASS _____ DINOSAUR MAC & CHEESE WITH CHARLOTTE'S SPIRAL CARROT, CUCUMBER & APPLE SALAD, POPPER & WEETBIX SLICE \$5.50 OR FRITTATA W/ GREEN SALAD POPPER WEETBIX SLICE \$7.00	NAME _____ CLASS _____ CANTEEN IS BEING PAINTED NO NORMAL MENU BBQ ONLY! SAUSAGE IN BREAD \$1.50 BACON & EGG ROLL \$4.00 CHICKEN ON A STICK \$2.00 LIMITED DRINKS & SNACKS	NAME _____ CLASS _____ PUBLIC HOLIDAY

ASSORTED SALADS AVAILABLE THURSDAYS & FRIDAYS
ALONG WITH GLUTEN FREE AND OTHER GOODIES!!

Community News

Term 2 Clases at
NAMBUCCA HEADLAND HALL
from 30th April
MONDAY THURSDAY

3.45pm 3&4 years ballet	2.15pm 2yrs Tiny Twinkle Toes
4.15pm 5&6 years ballet	3.00pm 3&4 years ballet
5.00pm 5-8 years Jazz	3.45pm 5&6 years ballet
5.30pm 7&8 years ballet	4.30pm Beginner Tap from 5yrs
6.15pm 9 yrs and over ballet	5.15pm 7 to 9 yrs ballet
	6.00pm 10 yrs and over ballet

all classes will be held in the small hall

DANCE CLASSES

Come along and join our baby ballerinas
trial lesson free

for information please contact Pia on 0435 381 208
or e-mail francesca@hpac.net.au

lifetime connect. **Free 6 Week Course In Nambucca Heads** 

Bringing Up Great Kids

When: Wednesday for 6 weeks **Dates:** May 30 - July 4, 2018

Morning Session:	Evening session
Venue: 157a Mann St. Between family day care and the eco store	Venue: Frank Partridge Public School Centenary Pde.
Time: 10am - 12:00pm	Time: 5:00pm - 7:00pm



"That's why my child behaves that way!"
- Anon, mother of 1

"My kids have noticed I don't stress as much"
- Elisha, mother of 3

"Helps you understand why you parent the way you do?"
- Brenna, mother of 2

For Bookings and Information
Call our Facilitators
Lifetime Connect Family Support Service
(02) 6568 4471
Limited places available

Limited, Free Childcare: 6 months - 6 years
Light refreshments provided